August 2020

Independent Living Activities Calendar

THE PINES
senior living
community

SUN	MON	TUE	WED	THUR	FRI	SAT
ROOM KEY ACT - Activities Room AL - Assisted Living CY - Courtyard FC - Fitness Center TH - Town Hall						**1** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) 9:45 AM Sister Act's "I Will Follow Him" movie performance (Ch. 1970) 10:30 AM Edie's Dog Days with Sandy and Friends (Ch. 1970) 2:30 PM Classical Stretch Weekend Workout (Channel 1970) **6:30 PM Saturday Evening Bingo LIVE with Vera & Joan (Ch. 1970)** 9:30 PM Daily Meditation (Ch. 1970)
2 9:00 AM Bible Scripture Reading (Ch. 1970) 10:00 AM Strength Training on Video (Channel 1970) 10:30 AM Classical Stretch on Video (Channel 1970) 2:30 PM Weekend Fitness (Channel 1970) 4:00 PM Chaplain John's Vespers' Message (Channel 1970)	**3** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) 10:00 AM Get Movin' in the Morning' (PWTV - Channel 1970) 10:45 AM Strength Training on Video (TH) 11:30 AM Brain Games (TH) 1:00 PM Classical Stretch (TH) **1:30 PM Are You Smarter Than a 5th Grader? with Justine (Ch. 1970)** 1:45 PM *Summer Wii Bowling (FC) **3:00 PM Book Club (TH)** 6:00 PM Downton Abbey Night (TH) 6:00 PM Gentle Seated Yoga from YouTube (Channel 1970) 9:30 PM Daily Meditation (Ch. 1970)	**4** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) 10:00 AM Bible Study (TH) 10:00 AM Get Movin' in the Morning' (PWTV - Channel 1970) 11:30 AM Brain Games (TH) 1:00 PM Bingo LIVE with Margaret & Helen (Channel 1970) 1:00 PM Summertime Stretch & Move (TH) 3:00 PM PWTV Presents: Carol Burnett Show (Ch.1970) 6:00 PM PWTV Past Performances (Ch. 1970) 9:30 PM Daily Meditation (Ch. 1970)	**5** 9:00 AM Bible Scripture Reading (Ch. 1970) **9:30 AM Catholic Communion (AL)** 9:30 AM Daily Meditation (Ch. 1970) 10:00 AM Get Movin' in the Morning' (PWTV - Channel 1970) 10:45 AM Strength Training on Video (TH) 11:05 AM David-Dorian Ross Seated Tai Chi from YouTube (Channel 1970) 11:30 AM Brain Games (TH) **1:00 PM Billiards** 1:00 PM Classical Stretch (TH) 1:30 PM Trivia Time (Channel 1970) 1:45 PM *Summer Wii Bowling (FC) **2:00 PM Bible Study LIVE with Chaplain John (Channel 1970)** 6:00 PM Chaplain John's Vespers' Message (Channel 1970) 9:30 PM Daily Meditation (Ch. 1970)	**6** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) **10:00 AM Get Movin' in the Morning on Video (Channel 1970)** 10:00 AM Lifetime Learning: The American West (TH) 10:30 AM Classical Stretch with Carolyn on piano (Channel 1970) **11:00 AM *Shuffleboard (CY)** **11:00 AM Ping Pong (FC)** **1:00 PM Scattergories with Justine (FC)** 3:00 PM PWTV Presents: Carol Burnett Show (Ch.1970) 6:00 PM PWTV Past Performances (Ch. 1970) 9:30 PM Daily Meditation (Ch. 1970)	**7** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) **10:00 AM Billiards** 10:00 AM Get Movin' in the Morning' (PWTV - Channel 1970) 10:45 AM Strength Training on Video (TH) 11:30 AM Brain Games (TH) 1:00 PM Broadway in Motion (TH) 1:45 PM Wheel of Fortune (TH) **3:00 PM Vera's Friday Matinee (Channel 1970)** 9:30 PM Daily Meditation (Ch. 1970)	**8** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) 2:30 PM Classical Stretch Weekend Workout (Channel 1970) **6:30 PM Vera's Saturday Night Movie (Channel 1970)** 9:30 PM Daily Meditation (Ch. 1970)
9 9:00 AM Bible Scripture Reading (Ch. 1970) 10:00 AM Strength Training on Video (Channel 1970) 10:30 AM Classical Stretch on Video (Channel 1970) 2:30 PM Weekend Fitness (Channel 1970) 4:00 PM Chaplain John's Vespers' Message (Channel 1970)	**10** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) 10:00 AM Get Movin' in the Morning' (PWTV - Channel 1970) 10:45 AM Strength Training on Video (TH) 11:30 AM Brain Games (TH) 1:00 PM Classical Stretch (TH) **1:30 PM Are You Smarter Than a 5th Grader? with Justine (Ch. 1970)** 1:45 PM *Summer Wii Bowling (FC) 2:15 PM Creative Writing Club with Justine (TH) 6:00 PM Downton Abbey Night (TH) 6:00 PM Gentle Seated Yoga from YouTube (Channel 1970) 9:30 PM Daily Meditation (Ch. 1970)	**11** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) 10:00 AM Bible Study (TH) 10:00 AM Get Movin' in the Morning' (PWTV - Channel 1970) **11:00 AM Line Dancing (TH)** 11:30 AM Brain Games (TH) 1:00 PM Bingo LIVE with Margaret & Helen (Channel 1970) 1:00 PM Summertime Stretch & Move (TH) 3:00 PM PWTV Presents: Carol Burnett Show (Ch.1970) 6:00 PM PWTV Past Performances (Ch. 1970) 9:30 PM Daily Meditation (Ch. 1970)	**12** 9:00 AM Bible Scripture Reading (Ch. 1970) **9:30 AM Catholic Communion (AL)** 9:30 AM Daily Meditation (Ch. 1970) 10:00 AM Get Movin' in the Morning' (PWTV - Channel 1970) 10:45 AM Strength Training on Video (TH) 11:05 AM David-Dorian Ross Seated Tai Chi from YouTube (Channel 1970) 11:30 AM Brain Games (TH) **1:00 PM Billiards** 1:00 PM Classical Stretch (TH) 1:30 PM Trivia Time (Channel 1970) 1:45 PM *Summer Wii Bowling (FC) **2:00 PM Bible Study LIVE with Chaplain John (Channel 1970)** 6:00 PM Chaplain John's Vespers' Message (Channel 1970) 9:30 PM Daily Meditation (Ch. 1970)	**13** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) **10:00 AM Get Movin' in the Morning on Video (Channel 1970)** 10:00 AM Lifetime Learning: The American West (TH) 10:30 AM Classical Stretch with Carolyn on piano (Channel 1970) **11:00 AM *Poetry at The Pines (ACT)** **11:00 AM *Shuffleboard (CY)** **11:00 AM Ping Pong (FC)** **1:00 PM Scattergories with Justine (FC)** 3:00 PM PWTV Presents: Carol Burnett Show (Ch.1970) 6:00 PM PWTV Past Performances (Ch. 1970) 9:30 PM Daily Meditation (Ch. 1970)	**14** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) **10:00 AM Billiards** 10:00 AM Get Movin' in the Morning' (PWTV - Channel 1970) 10:45 AM Strength Training on Video (TH) 11:30 AM Brain Games (TH) 1:00 PM Broadway in Motion (TH) 1:45 PM Wheel of Fortune (TH) **3:00 PM Vera's Friday Matinee (Channel 1970)** 9:30 PM Daily Meditation (Ch. 1970)	**15** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) 2:30 PM Classical Stretch Weekend Workout (Channel 1970) 9:30 PM Daily Meditation (Ch. 1970)
16 9:00 AM Bible Scripture Reading (Ch. 1970) 10:00 AM Strength Training on Video (Channel 1970) 10:30 AM Classical Stretch on Video (Channel 1970) 2:30 PM Weekend Fitness (Channel 1970) 4:00 PM Chaplain John's Vespers' Message (Channel 1970)	**17** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) 10:00 AM Get Movin' in the Morning' (PWTV - Channel 1970) 10:45 AM Strength Training on Video (TH) 11:30 AM Brain Games (TH) 1:00 PM Classical Stretch (TH) **1:30 PM Are You Smarter Than a 5th Grader? with Justine (Ch. 1970)** 1:45 PM *Summer Wii Bowling (FC) **3:00 PM Book Club (TH)** 6:00 PM Downton Abbey Night (TH) 6:00 PM Gentle Seated Yoga from YouTube (Channel 1970) 9:30 PM Daily Meditation (Ch. 1970)	**18** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) 10:00 AM Bible Study (TH) 10:00 AM Get Movin' in the Morning' (PWTV - Channel 1970) **11:00 AM Line Dancing (TH)** 11:30 AM Brain Games (TH) 1:00 PM Bingo LIVE with Margaret & Helen (Channel 1970) 1:00 PM Summertime Stretch & Move (TH) 3:00 PM PWTV Presents: Carol Burnett Show (Ch.1970) 6:00 PM PWTV Past Performances (Ch. 1970) 9:30 PM Daily Meditation (Ch. 1970)	**19** 9:00 AM Bible Scripture Reading (Ch. 1970) **9:30 AM Catholic Communion (AL)** 9:30 AM Daily Meditation (Ch. 1970) 10:00 AM Get Movin' in the Morning' (PWTV - Channel 1970) 10:45 AM Strength Training on Video (TH) 11:05 AM David-Dorian Ross Seated Tai Chi from YouTube (Channel 1970) 11:30 AM Brain Games (TH) **1:00 PM Billiards** 1:00 PM Classical Stretch (TH) 1:30 PM Trivia Time (Channel 1970) 1:45 PM *Summer Wii Bowling (FC) **2:00 PM Bible Study LIVE with Chaplain John (Channel 1970)** 6:00 PM Chaplain John's Vespers' Message (Channel 1970) 9:30 PM Daily Meditation (Ch. 1970)	**20** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) **10:00 AM Get Movin' in the Morning on Video (Channel 1970)** 10:00 AM Lifetime Learning: The American West (TH) 10:30 AM Classical Stretch with Carolyn on piano (Channel 1970) **11:00 AM *Shuffleboard (CY)** **11:00 AM Ping Pong (FC)** **1:00 PM Scattergories with Justine (FC)** 3:00 PM PWTV Presents: Carol Burnett Show (Ch.1970) 6:00 PM PWTV Past Performances (Ch. 1970) 9:30 PM Daily Meditation (Ch. 1970)	**21** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) **10:00 AM Billiards** 10:00 AM Get Movin' in the Morning' (PWTV - Channel 1970) 10:45 AM Strength Training on Video (TH) 11:30 AM Brain Games (TH) 1:00 PM Broadway in Motion (TH) 1:45 PM Wheel of Fortune (TH) **3:00 PM Vera's Friday Matinee (Channel 1970)** 9:30 PM Daily Meditation (Ch. 1970)	**22** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) 2:30 PM Classical Stretch Weekend Workout (Channel 1970) **6:30 PM Vera's Saturday Night Movie (Channel 1970)** 9:30 PM Daily Meditation (Ch. 1970)
23 9:00 AM Bible Scripture Reading (Ch. 1970) 10:00 AM Strength Training on Video (Channel 1970) 10:30 AM Classical Stretch on Video (Channel 1970) 2:30 PM Weekend Fitness (Channel 1970) 4:00 PM Chaplain John's Vespers' Message (Channel 1970)	**24** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) 10:00 AM Get Movin' in the Morning' (PWTV - Channel 1970) 10:45 AM Strength Training on Video (TH) 11:30 AM Brain Games (TH) 1:00 PM Classical Stretch (TH) **1:30 PM Are You Smarter Than a 5th Grader? with Justine (Ch. 1970)** 1:45 PM *Summer Wii Bowling (FC) 2:15 PM Creative Writing Club with Justine (TH) 6:00 PM Downton Abbey Night (TH) 6:00 PM Gentle Seated Yoga from YouTube (Channel 1970) 9:30 PM Daily Meditation (Ch. 1970)	**25** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) 10:00 AM Bible Study (TH) 10:00 AM Get Movin' in the Morning' (PWTV - Channel 1970) **11:00 AM Line Dancing (TH)** 11:30 AM Brain Games (TH) 1:00 PM Bingo LIVE with Margaret & Helen (Channel 1970) 1:00 PM Summertime Stretch & Move (TH) 3:00 PM PWTV Presents: Carol Burnett Show (Ch.1970) 6:00 PM PWTV Past Performances (Ch. 1970) 9:30 PM Daily Meditation (Ch. 1970)	**26** 9:00 AM Bible Scripture Reading (Ch. 1970) **9:30 AM Catholic Communion (AL)** 9:30 AM Daily Meditation (Ch. 1970) 10:00 AM Get Movin' in the Morning' (PWTV - Channel 1970) 10:45 AM Strength Training on Video (TH) 11:05 AM David-Dorian Ross Seated Tai Chi from YouTube (Channel 1970) 11:30 AM Brain Games (TH) **1:00 PM Billiards** 1:00 PM Classical Stretch (TH) 1:30 PM Trivia Time (Channel 1970) 1:45 PM *Summer Wii Bowling (FC) **2:00 PM Bible Study LIVE with Chaplain John (Channel 1970)** 6:00 PM Chaplain John's Vespers' Message (Channel 1970) 9:30 PM Daily Meditation (Ch. 1970)	**27** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) **10:00 AM Get Movin' in the Morning on Video (Channel 1970)** 10:00 AM Lifetime Learning: The American West (TH) 10:30 AM Classical Stretch with Carolyn on piano (Channel 1970) **11:00 AM *Shuffleboard (CY)** **11:00 AM Ping Pong (FC)** **1:00 PM Scattergories with Justine (FC)** 3:00 PM PWTV Presents: Carol Burnett Show (Ch.1970) 6:00 PM PWTV Past Performances (Ch. 1970) 9:30 PM Daily Meditation (Ch. 1970)	**28** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) **10:00 AM Billiards** 10:00 AM Get Movin' in the Morning' (PWTV - Channel 1970) 10:45 AM Strength Training on Video (TH) 11:30 AM Brain Games (TH) 1:00 PM Broadway in Motion (TH) 1:45 PM Wheel of Fortune (TH) **3:00 PM Vera's Friday Matinee (Channel 1970)** 9:30 PM Daily Meditation (Ch. 1970)	**29** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) 2:30 PM Classical Stretch Weekend Workout (Channel 1970) 9:30 PM Daily Meditation (Ch. 1970)
30 9:00 AM Bible Scripture Reading (Ch. 1970) 10:00 AM Strength Training on Video (Channel 1970) 10:30 AM Classical Stretch on Video (Channel 1970) 2:30 PM Weekend Fitness (Channel 1970) 4:00 PM Chaplain John's Vespers' Message (Channel 1970)	**31** 9:00 AM Bible Scripture Reading (Ch. 1970) 9:30 AM Daily Meditation (Ch. 1970) 10:00 AM Get Movin' in the Morning' (PWTV - Channel 1970) 10:45 AM Strength Training on Video (TH) 11:30 AM Brain Games (TH) 1:00 PM Classical Stretch (TH) **1:30 PM Are You Smarter Than a 5th Grader? with Justine (Ch. 1970)** 1:45 PM *Summer Wii Bowling (FC) **3:00 PM Book Club (TH)** 6:00 PM Downton Abbey Night (TH) 6:00 PM Gentle Seated Yoga from YouTube (Channel 1970) 9:30 PM Daily Meditation (Ch. 1970)					